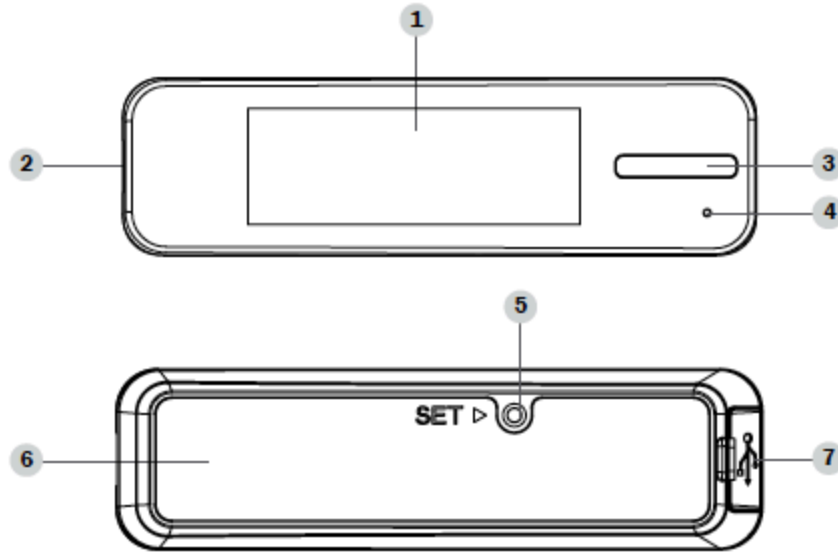


# ForaCare

A Quick Guide to Setting the TN'G  
Glucose Meter

# Meter Appearance and Key Functions

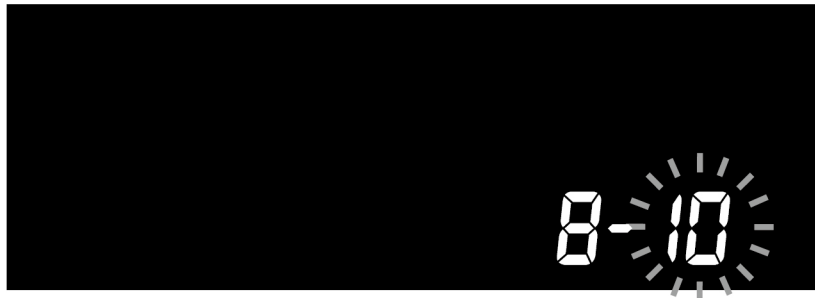
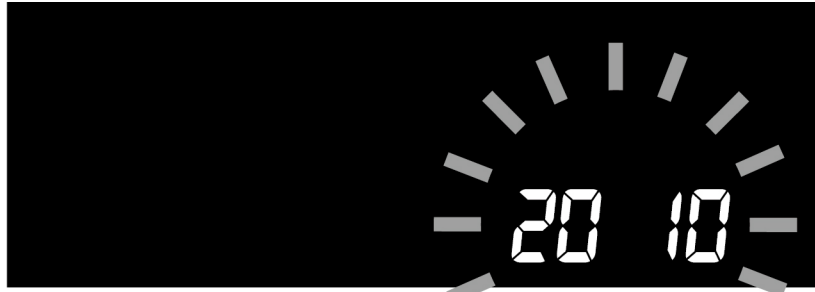


The **SET** button enters the meter in the meter setting mode and to *commit* a change in setting.

The **MAIN** button is to make changes to the meter's setting when In setting mode.

- 1 Display Screen
- 2 Test Slot
- 3 Main Button
- 4 Charging Indicator/Bluetooth Indicator
- 5 SET Button
- 6 Battery Cover
- 7 USB Port (Only for battery recharge)

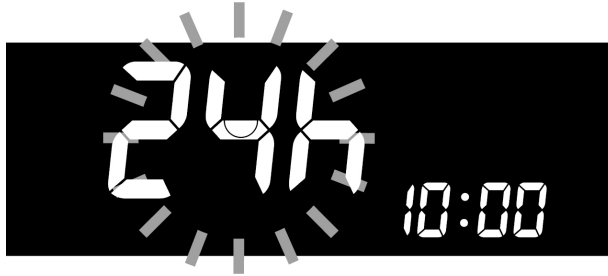
# Setting the Meter: Date and Time



Start with the meter off and no strip inserted.

1. Press the **SET** button to set the year. With the year flashing, press the **MAIN** button to set to the current year. Press **SET** to commit and move on.
2. With the month flashing, press the **MAIN** button to the correct month. Press **SET** to commit and to move on.
3. With the date flashing, press the **MAIN** button to set the current date. Press **SET** to commit and move on to setting the time.

# Setting the Meter: Date and Time



4. Press the **MAIN** button to select the desired time format (12h or 24h). Press **SET** to commit and move on.

5. With the hour flashing, press the **MAIN** button to set the hour. Press **SET** to commit and move on.

4. With the minute flashing, press **MAIN** button to set the current minute. Press **SET** to commit and move on to Memory Settings.

# Setting the Meter: Memory



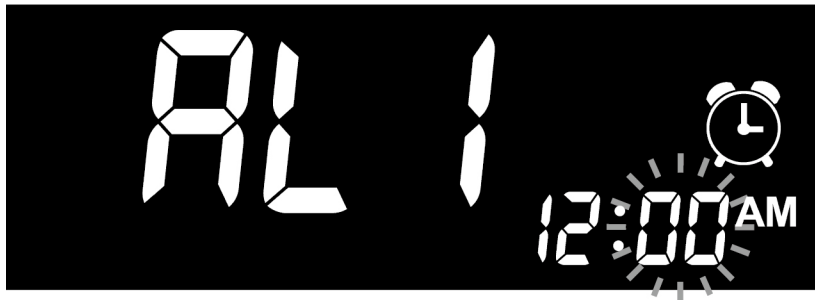
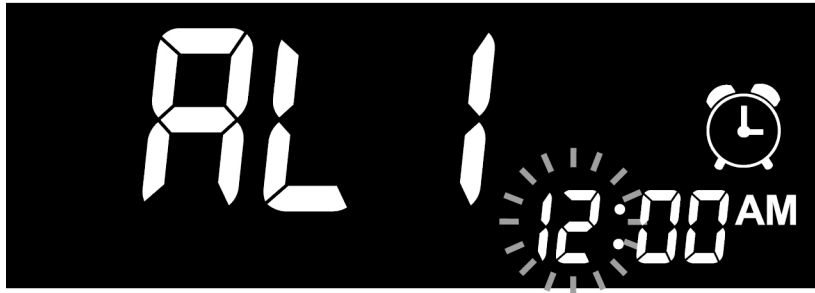
With both “ ” and “dEL” on the display, press the MAIN button to select “no” to keep the stored readings. Press SET to move on.



Alternatively, press MAIN button to select “yes” while “dEL” is on display. Press SET to delete all existing readings stored in the meter.



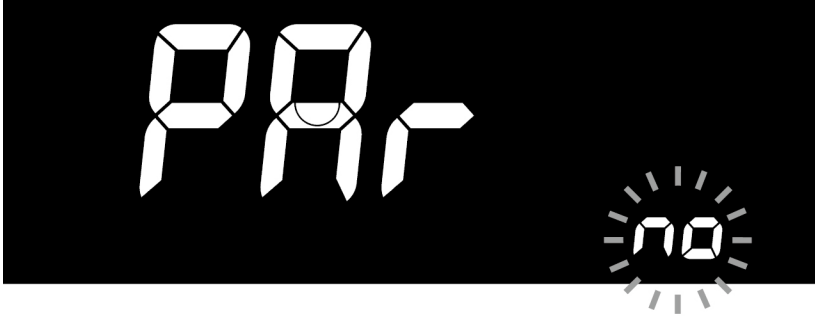
# Setting the Meter: Alarms



You may set up up to 4 alarms.

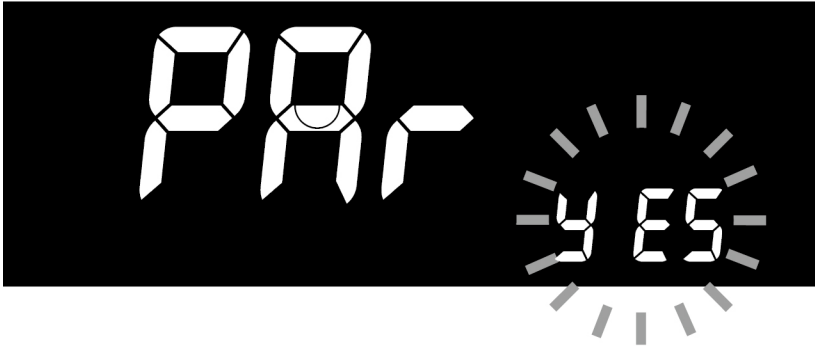
1. "AL 1" stands for *Alarm 1*. Press the **MAIN** button to turn it on or off. If set to "On", press **SET** to commit and move on to set the hour of ALARM 1.
2. With the hour flashing, press the **MAIN** button to set the hour. Press **SET** to commit and move on to set the minute of ALARM 1. Press **MAIN** button to set the minute of ALARM 1. Press **SET** to commit move on to set the ALARM 2.
3. Repeat the process to set the times for up to four alarms. Alternatively, leave an alarm to "Off" and press **SET** to move on.

# Setting the Meter: Bluetooth



The following procedure is for pairing the meter with a Bluetooth receiver (e.g., a smartphone) for the first time.

With the “no” symbol flashing on the display, press the MAIN button to turn Bluetooth pairing to “YES”.



Press **SET** to commit and the meter will show “CLr” . The meter will then automatically turn off and the blue indicator will start flashing, indicating Bluetooth data transmission in process.

**Search** for the meter by its name in iFORA BG **Bluetooth Smart Meter** menu under **SETTING** to pair with the meter.

